

The NOTICE Act – New Requirements for Observation Patients – What Your Organization Needs to Know

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Lunch and Learn Webinar March 9, 2016

Webinar Objectives

- Examine the background that led to the legislation, including the Two-Midnight Rule
- Discuss the impact of observation status upon both patients and hospitals
- Review state-specific statues
- Analyze the requirements for hospitals set forth in the NOTICE Act
- Evaluate the potential ramifications of compliance with this legislation
- Design a system to electronically document provision of notification and refusal of acknowledgment
- Synthesize an automated follow-up process for patients who leave AMA due to their observation status

Background



Medicare

- Covers 50.7 million Americans
 - 16 percent of the population
- 17 percent of Medicare beneficiaries are under age 65
 - Individuals with a permanent disability
 - Tend to have lower incomes and higher rates of health problems

Multack M, Noel-Miller C. Who relies on Medicare? Profile of THE Medicare Population. *AARP Public Policy Institute*. January 2014. http://member.aarp.org/content/dam/aarp/research/public policy institute/health/2014/who-relies-on-medicare-fact-sheet-2014-AARP-ppi-health.pdf (accessed 2/16/16)



Medicare (original)

Part A (typically no premium)

- Inpatient hospital stays including nursing care (~80%)
- Skilled nursing care after a hospital stay
- Home health
- Hospice

Part B (\$121.80/month*)

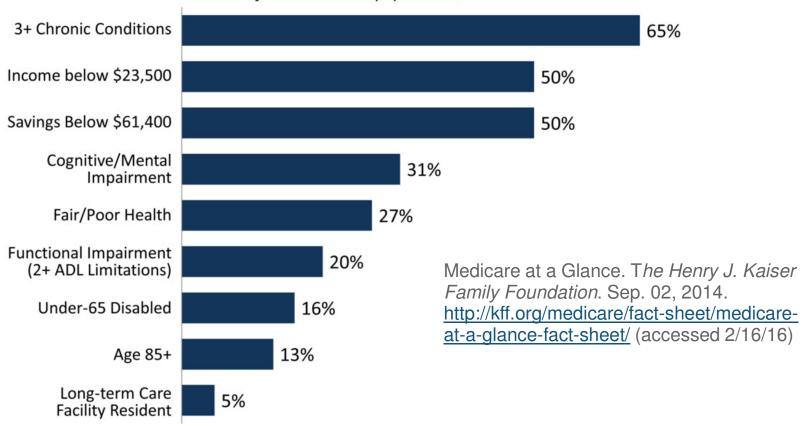
- Part of MD visits
- Outpatient services
- Rehab
- Some home health, mental health
- Medical equipment, Lab, X-rays, blood, ambulance



^{*}Higher if annual income was greater than \$85,000 in 2014

Characteristics of the Medicare Population





NOTE: ADL is activity of daily living.

SOURCE: Urban Institute and Kaiser Family Foundation analysis, 2013; Kaiser Family Foundation analysis of the Centers for Medicare & Medicaid Services Medicare Current Beneficiary 2010 Cost and Use file.



Two-Midnight Rule

Adopted by CMS on October 1, 2013





- In general:
 - Inpatient admissions will be payable under Part A if the admitting practitioner expected the patient to require a hospital stay that crossed two midnights and the medical record supports that reasonable expectation
 - Medicare Part A payment is not appropriate for hospital stays not expected to span at least two midnights

Fact Sheet: Two-Midnight Rule. *Centers for Medicare & Medicaid Services*. July 1, 2015. https://www.cms.gov/Newsroom/MediaReleaseDatabase/Fact-sheets-items/2015-07-01-2.html (accessed 2/16/16)



Two-Midnight Rule

• 2016 final OPPS rule (issued on October 30) is more "collaborative" than in the past





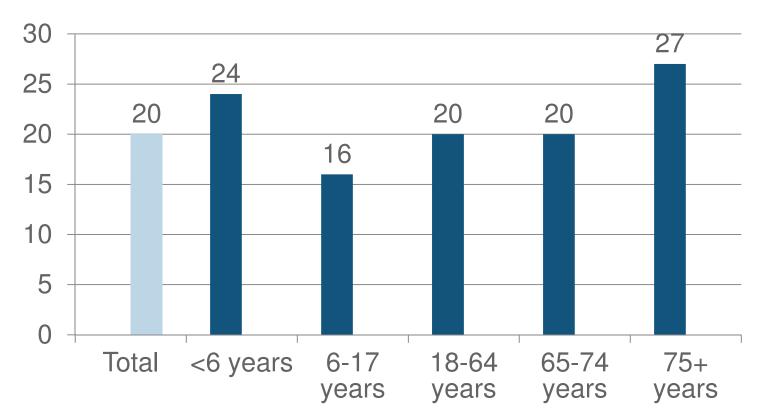
- Inpatient admissions less than two midnights may be payable under Part A on a case-by-case basis based on the judgment of the admitting physician, documentation supporting the inpatient admission in the medical record and subject to medical review
- Responsibility for rule enforcement and education has been moved from Recovery Auditors to Quality Improvement Organizations (QIOs)

Medicare Program: Hospital Outpatient Prospective Payment and Ambulatory Surgical Center Payment Systems and Quality Reporting Programs. 42 CFR Parts 405, 410, 412, 413, 416, and 419. https://www.gpo.gov/fdsys/pkg/FR-2015-11-13/pdf/2015-27943.pdf (accessed 2/16/16)



Emergency Department Visits

Percent of Americans Who Visit the ED One or More Times in a Year



Health, United States, 2012 with Special Feature on Emergency Care, *HHS*, http://www.cdc.gov/nchs/data/hus/hus12.pdf (accessed 2/16/16).

Observation Status



Increased Use of Observation Status

- A review of Medicare claims between 2007 and 2009
 - Observation stays increased 34 percent
 - Inpatient stays decreased
 - Suggestive of "a substitution of outpatient observation services for inpatient admissions"

Zhanlian F, et al. "Sharp Rise In Medicare Enrollees Being Held In Hospitals For Observation Raises Concerns About Causes And Consequences," *Health Affairs* 2012:31(6).

Increased Use of Observation Status

- Possible drivers:
 - Two-Midnight Rule (short observation stays)
 - Private insurer pressure to avoid short inpatient stays
 - Recovery Auditors (formerly RAC program)
 - Hospital is denied reimbursement if the patient is incorrectly classified
 - Hospital Readmission Reduction Program
 - Outpatient admissions do not trigger a readmission penalty

Observation Stays Deny Medicare Beneficiaries Access to Skilled Nursing Center Care. *Center for Medicare Advocacy*. http://www.medicareadvocacy.org/wp-content/uploads/2015/06/6.30.15.Observation-Stays-Coalition-One-Pager.pdf (accessed 2/16/16)

Impact on Patients



- U.S. Senate Special Committee on Aging
- July 30, 2014

http://www.aging.senate.gov/ hearings/admitted-or-not-theimpact-of-medicareobservation-status-on-seniors (accessed 2/16/16)





- Patient cost-sharing
 - Observation (outpatient/Part B) results in 20 percent beneficiary coinsurance for:
 - Observation services
 - Physician services
 - Laboratory services
 - Imaging services
 - Hospital-administered drugs (e.g. IV meds)
 - No coverage for self-administered drugs (e.g. chronic, oral)

- Patient cost-sharing
 - 10 percent of Medicare observation patients faced out-of-pocket costs that exceeded the hospital inpatient deductible (2009 study / deductible was \$1,068)¹
 - Beneficiary payments for outpatient stays averaged \$401 in 2012 compared to \$725 for short inpatient stays²
 - 6 percent of beneficiaries in observation stays paid more than they would have paid in an inpatient stay

¹To Admit or Not To Admit: The Financial Impact of Hospital Observation Status on Medicare Beneficiaries", Social & Scientific Systems and AARP Public Policy Institute, Research Report; Prepublication WORKING DRAFT, Under Review (July 2014).

²Hospitals' Use of Observation Stays and Short Inpatient Stays for Medicare Beneficiaries, HHS Office of Inspector General, OEI-02-12-00040, July 2013, http://oig.hhs.gov/oei/reports/oei-02-12-00040.asp (accessed 2/16/16)

- Skilled nursing facility services
 - A three-day inpatient hospital stay is required as a precondition for Medicare coverage of SNF services
 - In 2012, Medicare beneficiaries had 618,000 hospital stays
 lasting 3 nights or more that did not include 3 inpatient nights
 - 25,000 (4 percent) of those patients required SNF services
 - Beneficiaries were charged approximately \$11,000

Hospitals' Use of Observation Stays and Short Inpatient Stays for Medicare Beneficiaries, HHS Office of Inspector General, OEI-02-12-00040, July 2013, http://oig.hhs.gov/oei/reports/oei-02-12-00040.asp (accessed 2/16/16)

- Patient satisfaction scores
 - The confusion, and potential financial consequences, even if they do not represent a net loss to the patient, may result in lower patient satisfaction scores

Edwards C. Medicare needs to end observation status for patients. *Modern Healthcare*. September 6, 2014.

http://www.modernhealthcare.com/article/20140906/MAGAZINE/309069975 (accessed 2/16/16)

Kelly T. The observation admission - overcoming challenges for improved patient satisfaction. *Becker's Hospital Review*. November 13, 2014.

http://www.beckershospitalreview.com/hospital-management-administration/the-observation-admission-overcoming-challenges-for-improved-patient-satisfaction.html (accessed 2/16/16)



Impact on Hospitals

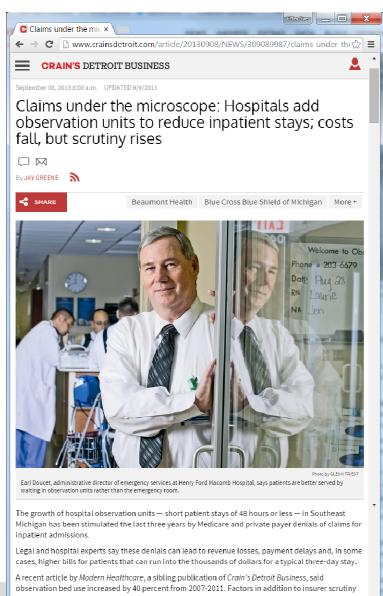


- Growth of observation units
 - 30 percent of hospitals have shortstay observation units¹
 - Observation bed use increased 40 percent from 2007-2011
 - Observation units employed with patients admitted <24 hours can save \$1,572 per patient²

¹Crain's Detroit Business. Sept. 8, 2013. http://www.crainsdetroit.com/article/20130908/NEWS/309 089987/claims-under-the-microscope-hospitals-add-observation-units-to (accessed 2/16/16)

²Baugh CW, et al. Making greater use of dedicated hospital observation units for many short-stay patients could save \$3.1 billion a year. *Health Affairs* (Millwood). 2012;31(10):2314-23.





- Enhanced patient education and disclosure
 - Many hospitals, health systems and associations have worked to educate patients on the difference and implications of an observation admission compared to an inpatient admission

11. If I desire to spend the night after my outpatient surgery, will my stay be covered?

You may stay, overnight after an outpatient procedure, only if your physician determines that it is medically necessary for you to stay. Observation services are not to be used for the convenience of the hospital physician, patient, or their families. For example, the inability to arrange transportation home does not necessitate an overnight stay.

 Can my physician order observation services before the procedure is performed.

No. the routine preparation before a test or procedure is not considered to be an observation service. Observation services should only be ordered after the procedure and only after a routine recovery period has revealed a complication that would require additional time for monitoring and treatment.

13. If my physician places me in observation how does this affect my out of pocket costs?

Since observation is an outpatient service, any outpatient coinsurance will apply. Medicare beneficiaries will be responsible for any "self administrable" medications. This means any medications, which you could give yourself if you were at home, such as pills and creams, are not-covered items on an outpatient bill.

Developed in conjunction with the FHA Observation Task Force



Lee Memorial Health System
Department of Care Management
Main Office (239) 343-2940

Revised March 2012

A Patient's
Guide to
Medicare
Outpatient
Observation



A Patient's Guide to Medicare Outpatient Observation. *Florida Hospital Association*. Revised March 2012.

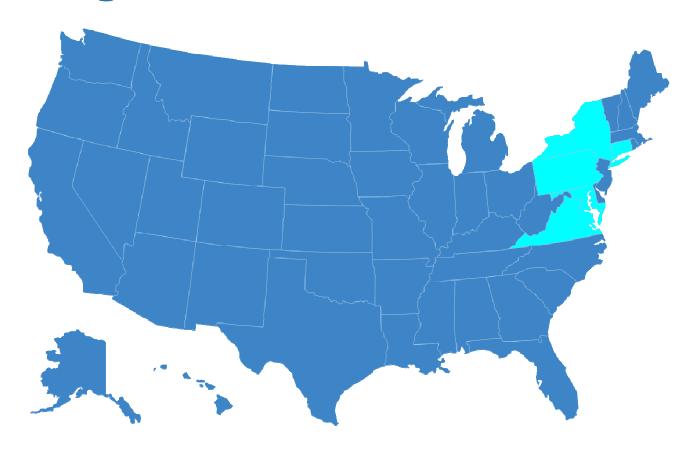


State-Specific Legislation



Five States Have Enacted Disclosure Legislation

 All require explanation of observation status along with disclosure of potential financial implications



Maryland

- Effective October 1, 2013
 - Oral and written notice
 - Name and title of staff who provided notice
 - Date and time of notice
 - Signature of patient

http://www.dsd.state.md.us/comar/comarhtml/10/10.07.01.29.htm (accessed 2/16/16)



New York

- Effective October 21, 2013
 - Oral and written notice
 - Advises patient to contact his or her insurance plan
 - Signature of patient

http://assembly.state.ny.us/leg/?default_fld=%0D%0A&bn=A7257&term=2013 &Summary=Y&Actions=Y&Memo=Y&Text=Y (accessed 2/16/16)



Connecticut

- Effective October 1, 2014
 - Oral and written notice
 - Advises patient to contact his or her insurance plan
 - Signature of patient
 - Date of signature

https://www.cga.ct.gov/2014/act/pa/pdf/2014PA-00180-R00HB-05535-PA.pdf (accessed 2/16/16)



Pennsylvania

- Effective April 20, 2015
 - Oral and written notice
 - Advises patient to contact his or her insurance plan if they have specific questions
 - Contemplates expiration if the 3-day qualifying stay for SNF services is amended by the Federal Government

http://www.legis.state.pa.us/cfdocs/billInfo/billInfo.cfm?sYear=2013&sInd=0&body=H&type=B&bn=1907 (accessed 2/16/16)



Virginia

- Effective July 1, 2015
 - Oral and written notice
 - Specifies at least 14-point font
 - Advises patient to contact his or her insurance plan and/or CMS for more information

http://lis.virginia.gov/cgi-bin/legp604.exe?151+ful+CHAP0365 (accessed 2/16/16)



The NOTICE Act



The NOTICE Act

- Notice of Observation Treatment and Implication for Care Eligibility Act (1½ pages, 488 words)
- Signed by President Obama on August 6, 2015
- Effective August 6, 2016
- An amendment to the Social Security Act
 - Similar to the amendments set forth in the Federal Patient Self Determination Act of 1990 (requirement for advance directives under state plans for medical assistance)
- Contemplates language and rulemaking as determined by the Secretary of Health and Human Services

https://www.congress.gov/114/plaws/publ42/PLAW-114publ42.pdf (accessed 2/16/16)



Provisions

- Applies to hospitals and critical access hospitals
- Patients who receive observation services as an outpatient for more than 24 hours
- Must notify patients not later than 36 hours after service begins (sooner if the patient is released)
- Must provide written notification and oral explanation of the written notification
- Notification to be in "plain language" and in "appropriate languages"

Written Notification – Explanations

- Explain that the patient is an outpatient receiving observation services – not an inpatient
- Explain the reasons for such status
- Explain the implications of such status
 - Cost-sharing requirements
 - Subsequent eligibility for coverage for services furnished by a skilled nursing facility
- "Additional information as the Secretary determines appropriate"

Written Notification – Signatures

- Signed by patient
 - Alternatively, by the patient's representative
- If patient refuses to sign, signed by the staff member who certifies the presentation of the notification
 - Signature
 - Name
 - Title
 - Date
 - Time

Implementation Strategies

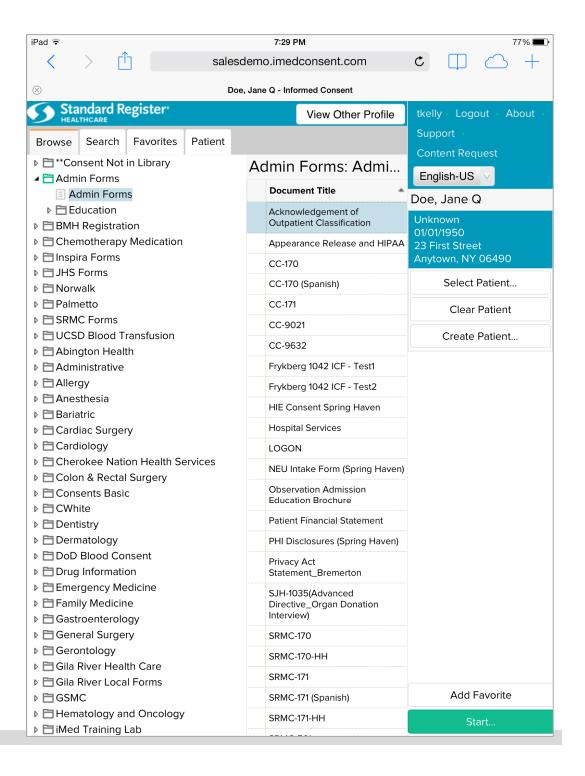


Process

- Determine <u>when</u> to conduct the notification process
 - Align with an existing process consent, disclosure, registration
- Determine who will perform the notification
 - Could be a lengthy process for some patients
 - Training and certification
- Determine <u>how</u> the process will be performed
 - Involve family
 - Employ teach-back
 - Do not consider it a one-time event

Documentation

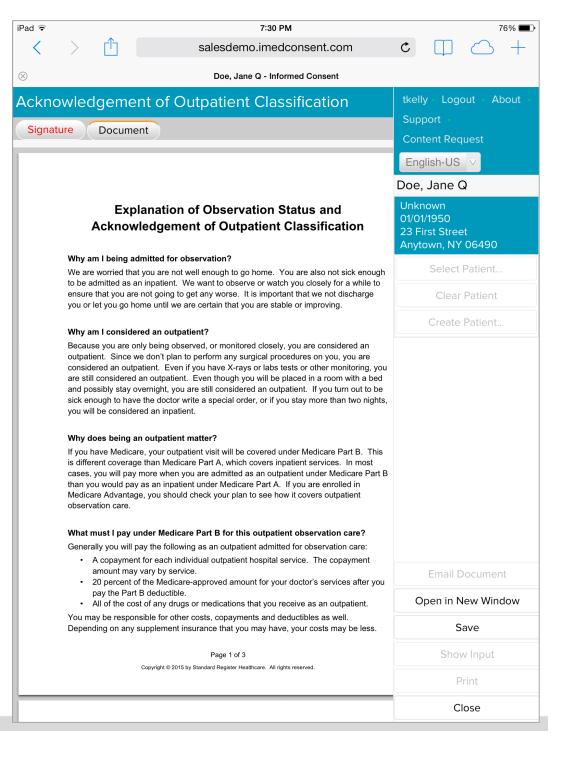
- Consider automation
 - Standardizes the process across providers
 - Protects against errors and omissions
 - Facilitates documentation





Documentation

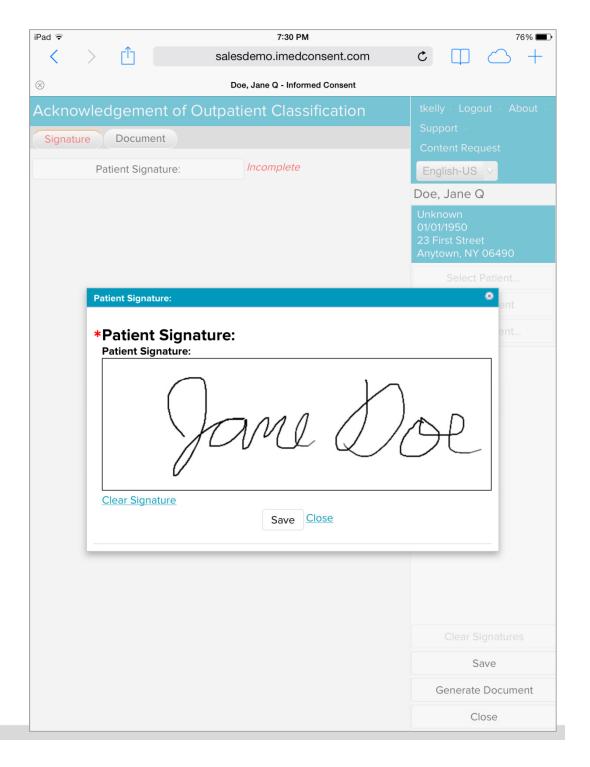
- Electronic systems ensure proper version control
- Provide access to documents stored in multiple languages
- Support "business rules" (e.g. a drop-down list for reason for observation status)





Documentation

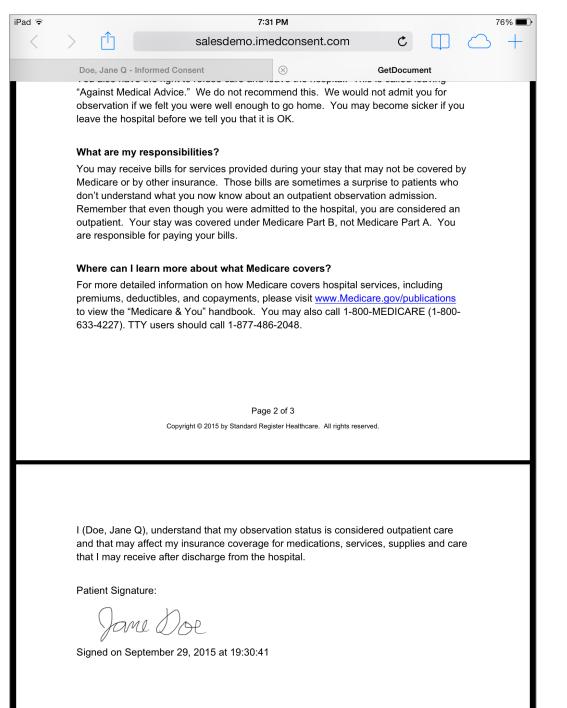
- Collect a patient acknowledgement
- If acknowledgement is made by the patient's representative, document the relationship
- Capture the staff member's signature and title when applicable





Documentation

- Date and time-stamp signatures
- Patient and family members should be offered a paper copy
 - Email
 - Patient portal
- Copy and note stored in the electronic health record (EHR)





Content

- · CMS may supply a form
- Consider your state hospital association (IL and FL are listed below)
- Content providers

https://www.medicare.gov/Pubs/pdf/11435.pdf http://www.ihatoday.org/uploaddocs/1/observationstayguidelines.pdf

http://www.fha.org/showDocument.aspx?f=PFS-Patient%27sguidetoMedicareOutptObsRevMarch2012.pdf

(accessed 2/16/16)



Revised May 2014

Are You a Hospital Inpatient or Outpatient?

If You Have Medicare - Ask!

Did you know that even if you stay in a hospital overnight, you might still be considered an "outpatient?" Your hospital status (whether the hospital considers you an "inpatient" or "outpatient") affects how much you pay for hospital services (like X-rays, drugs, and lab tests) and may also affect whether Medicare will cover care you get in a skilled nursing facility (SNF) following your hospital stay.

- You're an inpatient starting when you're formally admitted to a hospital with a doctor's order. The day before you're discharged is your last inpatient day.
- You're an outpatient if you're getting emergency department services, observation services, outpatient surgery, lab tests, X-rays, or any other hospital services, and the doctor hasn't written an order to admit you to a hospital as an inpatient. In these cases, you're an outpatient even if you spend the night at the hospital.

Note: Observation services are hospital outpatient services given to help the doctor decide if the patient needs to be admitted as an inpatient or can be discharged. Observation services may be given in the emergency department or another area of the hospital.

The decision for inpatient hospital admission is a complex medical decision based on your doctor's judgment and your need for medically necessary hospital care. An inpatient admission is generally appropriate when you're expected to need 2 or more midnights of medically necessary hospital care, but your doctor must order such admission and the hospital must formally admit you in order for you to become an inpatient.

Read on to understand the differences in Original Medicare coverage for hospital inpatients and outpatients, and how these rules apply to some common situations. If you have a Medicare Advantage Plan (like an HMO or PPO), your costs and coverage may be different. Check with your plan.



Potential Ramifications



Impact of Better Informed Patients

Concern that patients may leave against medical advice (AMA) if they
perceive a higher out-of-pocket cost to be associated with an
outpatient observation stay

"We don't want them to do that. We don't think they are well enough to go home but a lot of patients can't afford to pay for their medicine."

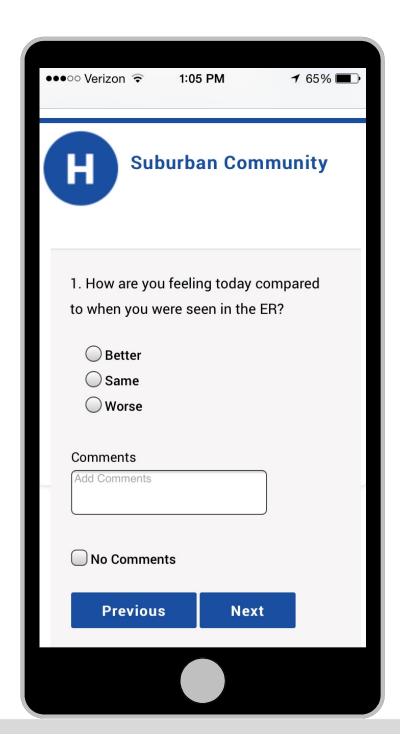
Catherine Polera, MD Chief Clinical Officer, Division of Emergency Medicine Sheridan Healthcare

MacDonald I. Emergency room docs struggle with two-midnight rule, observation status. *Fierce Healthcare*. July 16, 2014. http://www.fiercehealthcare.com/story/emergency-room-docs-struggle-two-midnight-rule-observation-status/2014-07-16 (accessed 2/16/16)



Patient Follow-Up Programs

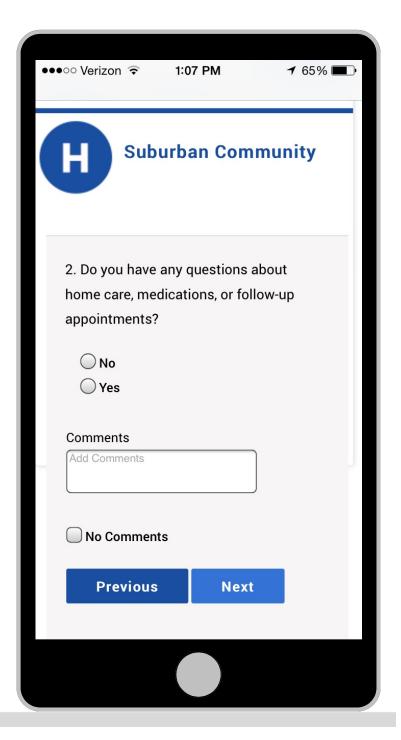
- Implement, expand and/or formalize a patient followup program for patients discharged from the ED
- Confirm that patients are progressing as expected
- Extend the continuum of care 24-48 hours and outside the walls of the ED





Patient Follow-Up Programs

- Identify gaps in understanding
 - Discharge instructions
 - Medications
 - Follow-up appointments
- Automated systems instantly alert providers to situations where clinical intervention is required





Automating Patient Follow-Up

- Admissions from the ED declined 20 percent
- Observation admissions declined by one-half



Scaletta T. An automated wellbeing and service follow-up solution that facilitates ED case management. *Presented at the 25th Annual National Forum on Quality Improvement in Health Care*. December 8-11, 2013, Orlando, FL.



Conclusions (Looking Ahead)



Final Regulations

Please watch for final CMS guidance.

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(accessed 2/16/16)



The NOTICE Act

- What it **DOES NOT** do:
 - It <u>does not</u> fix the quandary of documenting short-stay observation admissions – outpatient or inpatient
 - It <u>does not</u> fix the three-day inpatient requirement for coverage for SNF services
- What it <u>DOES</u> do:
 - It better informs and educates patients (and their family/caregivers)
 - May improve satisfaction scores

Unknowns

- Impact on the mix of outpatient vs. inpatient short-stay observation admissions
- Impact on collections
- Incidence of patients leaving AMA

What to Do Today

- Review your observation service line
- Implement (formalize) your observation stay notification program don't wait for the final regulations
 - Final changes will not be dramatic
 - Good for our patients today
- Ensure that you have comprehensive patient follow-up programs in place for your discharged ED patients

Questions

<u>Timothy.Kelly@TaylorCommunications.com</u>

http://psqh.com/psqh-blog/the-complexities-of-observation-status-new-legislation-seeks-to-put-patients-on-notice

iMedConsent™ Solution – patient education and disclosure tool www.iMedConsent.com

SMARTworks® **EffectiveResponse** – patient follow-up solution <u>www.StandardRegister.com/EffectiveResponse</u>

